

## Mettle Volleyball Academy Fall 2018 class schedule

<p><b>Mettle Advanced:</b> 6th-8th Grade Girls, <b>Mon/Wed/Thur</b> 6-7:30p Nov. 5-Dec. 20 (\$675)          9th-12th Grade Girls, <b>Mon. &amp; Wed.</b> 7:30-9:00pm Nov. 5-Dec. 19 (\$450)          6 week session, no class week of Nov. 19(Thanksgiving)          Payment plans available upon request.          This is an Advanced class and participants must meet requirements in order to participate.</p>					<p><u>Class requirements:</u>          Mettle Advanced must be able to serve overhand and have previous volleyball experience.</p>
<p><b>Lil' Diggers Intermediate:</b> 5th-8th grade          Fall Session #1, 8 weeks, \$250, August 28-October 18          Fall Session #2, 8 weeks, \$250, October 23- December 20  <b>Tuesday</b> 4:30-5:45p (No Class Nov. 20)                   <b>OR</b>  <b>Thursday</b> 4:30-5:45p, (No class November 22)</p>					<p>Lil' Diggers do not require previous experience, underhand serving is allowed. We will be teaching the overhand serve.</p>
<p><b>Lil' Diggers Beginner:</b> 3rd-5th grade          Fall Session #1, 8 weeks, \$250, August 27-October 15          Fall Session #2, 8 weeks, \$250, October 22-December 17 (No class Nov. 19)  <b>Monday</b> 4:30-5:45p</p>					<p>Payment plans available for Mettle Advanced 3 day a week option. Payments are \$350/mo.</p>
<p>All sessions will cover proper technique of basic skills in passing, setting, attacking, and serving.          Each session will include simulated, fast paced game play and competition.          Advanced session will learn offensive system 5-1 and 6-2 necessary for high school volleyball.</p>					<p>Mettle Advanced is a two month commitment. Please plan accordingly.</p>
Monday	Tuesday	Wednesday	Thursday	Friday	
Lil' Diggers Beginner, Co-ed 4:30-5:45	Lil' Diggers Intermediate, Co-ed 4:30-5:45		Lil' Diggers Intermediate, Co-ed 4:30-5:45		
Mettle Advanced 6th-8th grade Girls 6-7:30p		Mettle Advanced 6th-8th grade Girls 6-7:30p	Mettle Advanced 6th-8th grade, Girls 6:00-7:30pm		
Mettle Advanced 9th-12th grade, Girls 7:30-9:00pm		Mettle Advanced 9th-12th grade, Girls 7:30-9:00pm			